

UMVOTI DESCENT

21 - 23 September 2019



3 day Adventure MTB Ride
following the uMvoti from source to sea

NEW!

Saturday night
Trail runners and MTB
riders will overnight at the
campsite at the Mvoti Falls

2 Day Trail Run
to the uMvoti falls

Limited field
**BOOK YOUR
SPOT NOW!**

3 day MTB - R2950 all inclusive
2 day Trail run - R950 all inclusive

MIKE - 082 806 7594 (MTB)
ANT - 082 571 6380 (Trail run)
Calls and whatsapps welcome

MTB DESCENT

21 - 23 September 2019

3 Days

Ride from the uMvoti source to the Sea
Approx 65 km per day

R2950 per person sharing
(R600 Single supplement)

Entry fee includes
3 days cycling with backup
Snacks on route each day
Breakfasts and Dinners
Camping accommodation on Saturday

Start 10:00am Saturday
Hylton (Upper Karkloof)

Finish - uMvoti River Mouth
Blythedale

Entries close 31 August

Overnight and party with trail runners at the new
campsite at the uMvoti Falls. Cash bar available,
proceeds go to uMvoti Vlei Conservancy



MTB ADVENTURE

21 - 22 September 2019

2 Days

DAY 1 - 65 km (Day 1 of MTB Descent)

DAY 2 - 20 km (Day 2 of Lite)

R1250 per person sharing
(R300 Single supplement)

Entry fee includes
2 days cycling with backup
Snacks on route each day
Breakfasts and Dinners
Camping accommodation on Saturday

Start 10:00am Saturday
Hylton (Upper Karkloof)

Finish - Jondol
Mizpah

Entries close 31 August

Overnight and party with trail runners at the new
campsite at the uMvoti Falls. Cash bar available,
proceeds go to uMvoti Vlei Conservancy



MTB LITE

21 - 22 September 2019

2 Days

DAY 1 - 18 km (Similar to trail run route)
DAY 2 - 20 km

R950 per person sharing
(R300 Single supplement)

Entry fee includes
2 days cycling with backup
Snacks on route each day
Breakfasts and Dinners
Camping accommodation on Saturday

Start 10:00am Saturday

Jondol, Mizpah

Finish - Jondol

Mizpah

Entries close 31 August

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